

Bones and Muscles of Rotator Cuff of the Shoulder

Bones:

- Clavicle
- Humerus
- Scapula

Muscles:

- Supraspinatus
 - **Origin** - above spine of scapula
 - **Insertion** – superior facts of greater tuberosity of Humerus
 - Action – adducts arm
- Infraspinatus
 - **Origin** - below spine of scapula
 - **Insertion** – middle facet of greater tuberosity of Humerus
 - Action - laterally rotates arm
- Teres Minor
 - **Origin** - lower portion of scapula
 - **Insertion** - medial lip of Humerus
 - Action - rotates arm medially and adducts arm

